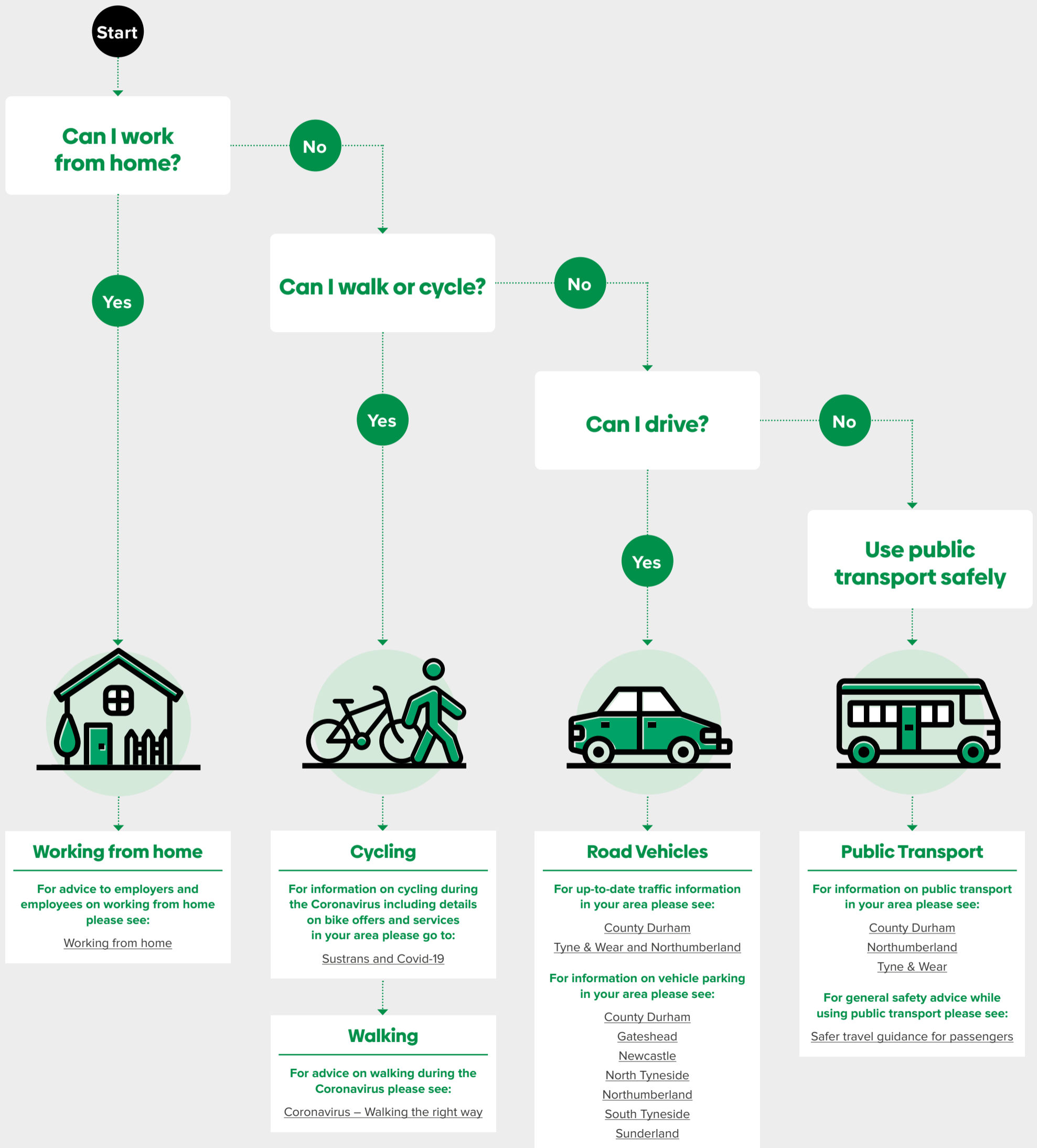


# How should I travel?



For full information links, please see overleaf



## Working from home

For advice to employers and employees on working from home please see:

<https://www.acas.org.uk/working-from-home>



## Cycling

For information on cycling during the Coronavirus including details on bike offers and services in your area please go to:

<https://www.sustrans.org.uk/about-us/sustrans-and-covid-19/>

## Walking

For advice on walking during the Coronavirus please see:

<https://www.livingstreets.org.uk/news-and-blog/blog/coronavirus-walking-the-right-way>



## Road Vehicles

For up-to-date traffic information in County Durham please see:

<https://www.durham.gov.uk/traffic>

For up-to-date traffic information in Tyne and Wear and Northumberland please go to:

<https://www.transportnortheast.com/public/info/contactUs.htm>

For information on vehicle parking in County Durham please see:

<https://www.durham.gov.uk/article/23007/Changes-to-services-throughout-the-coronavirus-outbreak>

For information on parking for frontline employees working in Gateshead please see:

<https://www.gateshead.gov.uk/article/15265/Free-parking-for-frontline-coronavirus-workers>

For information on vehicle parking in Newcastle please see:

<https://www.newcastle.gov.uk/services/public-health-wellbeing-and-leisure/public-health-services/coronavirus-covid-19>

For information on vehicle parking in North Tyneside please see:

<https://my.northtyneside.gov.uk/page/26134/coronavirus-covid-19>

For information on vehicle parking in Northumberland please see:

<https://www.northumberland.gov.uk/coronavirus/Service-Updates.aspx>

For information on vehicle parking in South Tyneside please see:

<https://www.southtyneside.gov.uk/article/38102/Parking>

For information on vehicle parking in Sunderland please see:

<https://www.sunderland.gov.uk/car-parks>



## Public Transport

For information on public transport in County Durham please see:

<https://www.durham.gov.uk/article/23007/Changes-to-services-throughout-the-coronavirus-outbreak>

For information on public transport in Northumberland please see:

<https://www.northumberland.gov.uk/Highways/Public-transport/Bus.aspx>

For information on public transport in Tyne and Wear and on local rail services please see:

<https://www.nexus.org.uk/coronavirus>

For general safety advice while using public transport please see:

[https://www.gov.uk/guidance/coronavirus-covid-19-safer-travel-guidance-for-passengers?utm\\_source=76e96676-dd58-4538-ab23-551972a77e8d&utm\\_medium=email&utm\\_campaign=govuk-notifications&utm\\_content=immediate](https://www.gov.uk/guidance/coronavirus-covid-19-safer-travel-guidance-for-passengers?utm_source=76e96676-dd58-4538-ab23-551972a77e8d&utm_medium=email&utm_campaign=govuk-notifications&utm_content=immediate)